

SYNA INTERNATIONAL SCHOOL, KATNI

Schedule for Boarders/Day Boarders/Day Scholars (w.e.f. 27.10.25)

Revielle	6:00 AM	Hostel Wardens
Freshen up	6:00 AM - 6:15 AM	
Meditation/Yoga	06:15 AM - 07:00AM	
Shower & Change	07:00 AM - 7:45 AM	
Prep in Hostel	07:45 AM - 08:40 AM	
Inspection	08:40 AM- 08:50 AM	Hostel Wardens
Assembly	08:55 AM - 09:10 AM	Assembly Incharge
Breakfast	09:10 AM - 09:40 AM	

CLASSES I- XII

	ARRIVAL	8:50 AM
	ASSEMBLY	08:55 AM - 09:10 AM
	BREAKFAST	09:10 AM - 09:40 AM
	1 ST PERIOD	09:40 AM - 10:15 AM
	2 ND PERIOD	10:15 AM - 10:50 AM
	3 RD PERIOD	10:50 AM - 11:25 AM
	4 TH PERIOD	11:25 AM - 12:00 PM
	RECESS	12:00 PM - 12:10 PM
	5 TH PERIOD	12:10 PM - 12:45 PM
	6 TH PERIOD	12:45 PM - 01:20 PM
	7 TH PERIOD	01:20 PM - 01:55 PM
	LUNCH	02:00 PM - 02:30 PM
	Departure (Day Boarder)	2:00 PM
	REMEDIAL (First period)	02:35 PM - 03:05 PM
	REMEDIAL (Second period)	03:05 PM - 03:35 PM
	DEPARTURE FOR Boarders)	3:35 PM

BOARDING ROUTINE

Rest time/After care/Tuck Shop/Drill (Sainik school)	03:35 PM - 04:10 PM	MON, WED-ZEUS HOSTEL, TUE, FRI-ATHENA HOSTEL, WED, SAT-POSEIDON HOSTEL
Fruits	04:10 PM- 04:20 PM	Hostel Wardens
Sports	4:20PM - 05:20 PM	Teacher On Duty
Wash	05:20 PM-06:00 PM	Hostel Wardens
Snacks	06:00 PM-06:15 PM	Hostel Wardens
Meditation/ Susandhya	06:15 PM - 6:30 PM	Prep duty teachers and Mr Dinesh Sharma
Prep in School	06:30 PM- 07:45 PM	Teacher On Duty
Dinner	07:45 PM-08:15 PM	Prep Teachers and Hostel Wardens
Stroll (Walk)	08:15 PM-08:30 PM	Hostel Wardens
Inspection	08:30 PM - 08:45 PM	
Prep IN HOSTEL (For all classes)	08:45 PM-11:00 PM	Hostel Wardens / Teacher on duty
to 5	10:30 PM	Hostel Wardens
to 12	11:00 PM	

PRINCIPAL