

Weekly Mess Menu

DAY	BREKFAST	Tea Break	LUNCH	FRUITS	EVENING SNACKS	DINNER	NIGHT MILK
Monday	Puri Sabji,Achar	45 Cups	Seasonal Veg,Dal Fry,Rice,Roti,Salad	Seasonal Fruits	Veg Sandwich,Tea	Louki Kofta,Dal Fry,Rice,Roti,Salad,Gulab Jamun	Haldi Milk
Tuesday	Poha Jalebi,Namkeen Sev	45 Cups	Rajma Curry,Boondi Raita,Rice,Roti,Salad	Seasonal Fruits	Aloo Tikki Chat,Tea	Soyabean Badi Aloo,Dal Fry,Rice,Roti,Salad	BournvitaMilk
20/07/2022 Wednesday	Vermicilli Upma,Horlicks Milk	45 Cups	Sahi Paneer,Dal Mix,Rice,Roti,Salad	Seasonal Fruits	Mangori Hari Chutney,Tea	Seasonal Veg,Dal Tadka,Rice,Roti,Kheer	Plain Milk
Thursday	Idly ,Wada,Sambhar,C hutney	45 Cups	Kadi Pakora,Jeera Aloo,Rice,Roti,Salad	Seasonal Fruits	Dhokla,Chutney,Tea	Seasonal Veg,Dal Fry,Veg Pulao,Roti,Salad	Haldi Milk
Friday	Sabudana Wada,Suji Halwa	45 Cups	Seasonal Veg,Dal Fry,Jeera Rice,Roti,Salad	Seasonal Fruits	Aloo Sandwich,Tea	Veg Chowmin,Fried Rice,Veg Machurian, Tomato Soup	Horlicks Milk
Saturday	Poa Bhaji,Bournvita Milk	45 Cups	Chola Masala,Veg Raita,Rice,Roti,Salad	Seasonal Fruits	Suji Chilla,Nariyal Chutney,Tea	Seasonal Veg,Dal Fry,Rice,Roti,Salad,Papad	Plain Milk
Sunday	Burger Milk	No Tea	Seasonal Veg,Dal Tadka,Rice,Roti,Sala d	Seasonal Fruits	Bhel Puri,Chutney,Tea	Paner Butter Masala ,Dal Fry,Rice,Roti,Salad	Haldi Milk