

Weekly Mess Menu

DAY	BREKFAST	Tea Break	LUNCH	FRUITS	EVENING SNACKS	DINNER	NIGHT MILK
Monday	Puri Sabji,Achar	45 Cups	Seasonal Veg,Dal Fry,Rice,Roti,Salad	Seasonal Fruits	Bread Poha,Tea	Seasonal Veg,Dal Fry,Rice,Roti,Salad,Kheer	Haldi Milk
Tuesday	Poha Jalebi,Namkeen Sev	45 Cups	Rajma Curry,Boondi Raita,Rice,Roti,Salad	Seasonal Fruits	Papdi Chat,Tea	Soyabean Badi Aloo,Dal Fry,Rice,Roti,Salad	BournvitaMilk
Wednesday	Sabudana Khichdi,Sweet Dalia	45 Cups	Sahi Paneer,Dal Mix,Rice,Roti,Salad	Seasonal Fruits	Dal Kabab,Tea	Seasonal Veg,Dal Tadka,Rice,Roti,Salad	Plain Milk
Thursday	Idly,Sambhar,Chutney	45 Cups	Kadi Pokora,Jeera Aloo,Rice,Roti,Salad	Seasonal Fruits	Mangori Hari Chutney,Tea	Seasonal Veg,Dal Fry,Veg Pulao,Roti	Haldi Milk
Friday	Samosa,Hari Chutney,Bournvita Milk	45 Cups	Seasonal Veg,Dal Fry,Rice,Roti,Salad	Seasonal Fruits	Aloo Sandwich,Tea	Chole Bhatura,Veg Pulao,Salad,Achar	Horlicks Milk
Saturday	Suji Upma,Bread Jam	45 Cups	Aloo Chokha,Veg Khichdi,Roti,Salad,Achar	Seasonal Fruits	Aloo Peanut Chat,Tea	Seasonal Veg,Dal Mix,Rice,Roti,Salad,Sweet Boondi	Plain Milk
Sunday	Paratha,Sabji,Horlicks Milk	No Tea	Seasonal Veg,Dal Tadka,Rice,Roti,Salad	Seasonal Fruits	Bhel Puri,Chutney,Tea	Kadai Paneer,Dal Fry,Rice,Roti,Salad	Haldi Milk