

Weekly Mess Menu

DAY	BREKFAST	Tea Break	LUNCH	FRUITS	EVENING SNACKS	DINNER	NIGHT MILK
Monday	Puri Sabji,Achar,Horlick s Milk	45 Cups	Seasonal Veg,Dal Fry,Rice,Roti,Salad	Seasonal Fruits	Dhokla,Chutney,Chill ed Roohafja	Louki Kofta,Dal Fry,Rice,Roti,Salad,Gulab Jamun	Plain Milk
Tuesday	Poha Jalebi,Namkeen Sev	45 Cups	Rajma Curry,Boondi Raita,Rice,Roti,Salad	Seasonal Fruits	Hara Bhara Kabab,Aam Panna	Soyabean Badi Aloo,Dal Fry,Rice,Roti,Salad	Bournvita Milk
Wednesday	Bread Pakora,Suji Halwa	45 Cups	Sahi Paneer,Dal Mix,Rice,Roti,Salad	Seasonal Fruits	AlooTikki Chat,Gulab Rasna	Seasonal Veg,Dal Tadka,Rice,Roti,Kheer	Plain Milk
Thursday	Idly ,Wada,Sambhar,C hutney	45 Cups	Kadi Pakora,Jeera Aloo,Rice,Roti,Salad	Seasonal Fruits	Mangori Hari Chutney,Nimboo Pani	Seasonal Veg,Dal Fry,Veg Pulao,Roti,Salad	Plain Milk
Friday	Sabudana Khichdi,Sweet Dalia	45 Cups	Seasonal Veg,Dal Fry,Jeera Rice,Roti,Salad	Seasonal Fruits	Aloo Sandwich,Aam Panna	Seasonal Veg,Dal Fry,Rice,Roti,Salad,Papad	Horlick Milk
Saturday	Poa Bhaji,Bournvita Milk	45 Cups	Chola Masala,Veg Raita,Rice,Roti,Salad	Seasonal Fruits	Aloo Peanut Chat,Gulab Rasna	Veg Chowmin,Fried Rice,Veg Machurian,Ice Cream	Plain Milk
Sunday	Burger,Namkeen Dalia	No Tea	Seasonal Veg,Dal Tadka,Rice,Roti,Sala d	Seasonal Fruits	Bhel Puri,Chutney,Nimbo o Pani	Paner Butter Masala ,Dal Fry,Rice,Roti,Salad	Plain Milk