

SYNA INTERNATION SCHOOL

Weekly Mess Menu(April) -WEEK-2

DAY	BREKFAST	LUNCH	FRUITS	EVENING SNACKS	DINNER	NIGHT MILK
11/04/2022 Monday	Palak Puri,Sabji,Bournvita Milk	Maithi Aloo,Dal Fry,Rice,Roti,Salad	Grapes	Mangori,Hari Chutney,Tea	Lal Bhaji,Dal Fry,Rice,Roti,Salad	Plain Milk
12/04/2022 Tuesday	Poha Jalebi,Namkeen Sev	Rajma Curry,Boondi Raita ,Rice,Roti,Salad	Water Melon	Hara Bhara Kabab,Coffee	Mix Veg,Dal Fry,Rice,Roti	Horlicks Milk
13/04/2022 Wednesday	Sabudana Wada,Sweet Dalia	Matter Paneer,Dal,Rice,Roti,Salad	Banana	Bhel Puri,Chutney,Coffee	Louki Kofta,Dal Fry,Puri,Salad	Plain Milk
14/04/2022 Thursday	Idly,Sambhar,Chtuney	Chilli Chana,Dal Fry,Rice,Roti,Salad,Ice Cream	Papaya	Aloo Tikki Chat,Tea	Matter Aloo Dry,Dal Fry,Rice,Roti,Salad	Plain Milk
15/04/2022 Friday	Bread Butter Jam Cutlets,Milk	Kadi Pakora,Jeera Aloo,Rice,Roti,Salad	Fruit Chat	Veg Piller,Souce,Coffee	Aloo Beans,Dal Fry,Rice,Roti,Salad	Bournvita Milk
16/04/2022 Saturday	Samosa Chutney,Horlicks Milk	Palak Aloo,Dal Mix,Jeera Rice,Roti,Salad	Banana	Black Chana,Coffee	Soup,Veg Chowmin,Fried Rice,Veg Manchurian	Plain Milk

017/04/2022 Sunday	Paratha,Sabji,Tea	Aloo Gobhi ,Dal Fry,Rice,Roti,Salad	No Fruits	Aloo Peanut Chat,Tea	Paneer Bt.Masala,Dal Fry,Rice,Roti	No Milk
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